

News of the Stars

A Newsletter of shining stars of Kauri Sue Hamilton School

Principals Message

It is hard to believe that March is already here. Doesn't February seem like the shortest month? It won't be long before the warm weather arrives and the end of year madness begins!

At this point in my career, I'm considered a rookie principal. Yes, sometimes I don't completely fit the part, but that's part of always being a life-long learner. As I'm settling into my role as principal, I realize how much students, parents, families and staff have done for me. And, for that, I need to truly thank you – something that I don't do enough.

Parents/caregivers, thank you for showing me what I'm capable of. For giving me the support that I needed to continue to build a culture that is committed to the vision of Kauri Sue Hamilton, its students and its staff. Also, for believing that I have the talent to reach our goal of making Kauri Sue Hamilton a safe and successful learning community for all.

KSHS staff, thank you for standing with me, before, during and after every phase of our transformations this year. For making me realize that I can put more time into my work and improve my performance for each of you every day.

KSHS students, thank you for being you. For sharing your interests, love of life, sense of humor, excitement for every experience, ability to show compassion and empathy, and for always bringing a smile to my face.

Without kids, families, and staff, I'd be nowhere the principal I am – and the person I am still working on becoming.

Courtney Titus

Nurses update

GERMS 101

Germes are microscopic life forms that exist all around us. There are 4 main types of germs that can cause illness: bacteria, viruses, fungi, and protozoa.

Bacteria – are one celled organisms. There are approximately 1600 species of bacteria, but less than 200 species actually make us sick, such as: *Group A streptococcus bacteria* - causes “strep throat”, *Escherichia coli* (commonly called “E. coli”) can cause food poisoning & urinary tract infections

Viruses – are even smaller than bacteria. Unfortunately, unlike bacteria, antibiotics do not work on viruses. Some examples of viral illness include: the “common cold”, the flu caused by the *influenza virus*, chicken pox caused by the *varicella zoster virus*

Fungi – are simple plants that can grow on our bodies. Fungi thrive in warm, moist, dark areas of the body. Some examples of fungal infections are: *Athlete’s foot* and *Candida* – a yeast, similar to a fungus, that can cause diaper rashes or thrush

Protozoa – are one celled organisms that love moisture and commonly live in fresh water, oceans, and soil. Some common illness caused by protozoa include:

Giardiasis – diarrhea and abdominal pain caused by the *Giardia lamblia* parasite and *Malaria* – caused by the *Plasmodium* species through an infected mosquito

TEST YOUR GERM KNOWLEDGE!

“Zoonotic infection” is the term used to describe an infection transmitted from animals to humans. True or False?

True! – certain illness can not be transmitted to humans (distemper, heartworms, etc), but some can, such as rabies, Rocky Mountain spotted fever, *Campylobacter jejuni*, tapeworm, ringworm, & cat scratch fever!

People can get Salmonella from pet iguanas, snakes, and turtles. True or False?

True! – reptiles shed Salmonella in their feces and it can cause abdominal pain, diarrhea, vomiting, and fever. Children are at risk for more serious illness such as meningitis and sepsis as a result of Salmonellosis!

Children get more colds than adults do. True or False?

True! There are more than 200 viruses known to cause colds. The best way to prevent the spread of a cold or the flu is good hand washing.

HAND WASHING TIPS

- ★ Wash before eating and cooking
- ★ Wash after touching animals
- ★ Wash after using the bathroom
- ★ Wash after blowing your nose, coughing, & sneezing
- ★ Use warm water
- ★ Use soap and lather for 10-15. Make it fun by singing a favorite song!
- ★ Use colorful soap made for kids – some even come in fun shapes and scents
- ★ Make sure to get in between your fingers, under fingernails, and around the wrists
- ★ Rinse & dry well with a clean towel

WHEN SHOULD STUDENTS STAY HOME FROM SCHOOL?

- For a temperature above 100 degrees Fahrenheit

- Student must be fever-free without fever-reducing medication (such as Tylenol or Motrin) for at least 24 hours before returning to school.
- Vomiting and/or diarrhea. Student may return to school 24 hours after last episode
- Uncontrollable, infectious cough
- Suspected communicable disease (i.e. chicken pox, lice)
- Suspected infection of the eyes (i.e. conjunctivitis), nose, throat (i.e. strep throat), skin (i.e. scabies), or scalp (i.e. lice)
- A rash of unknown origin – student may return to school when written authorization is received from the health care provider
- Students should stay home for the first 24 hours on antibiotic therapy to prevent spreading infection to friends and teachers!

ITS STILL COLD AND FLU SEASON!

It's not always easy to tell the difference between a cold and the flu, but here are some general symptoms that may help differentiate between them:

Flu Symptoms	Cold Symptoms
<ul style="list-style-type: none">• Sudden Onset• High Fever• Severe Exhaustion• Dry Cough• Headache• Decreased Appetite• Muscle Aches• Chills• Usually no sore throat	<ul style="list-style-type: none">• Slow Onset• No (or mild) Fever• Mild Exhaustion• Severe or Hacking Cough• Usually no headache• Normal Appetite• Usually no muscle aches• Usually no chills• Sore Throat

Health Services

In Health Services we want to make sure you are getting all the information you can about Medicaid. As always, we are here to help you apply if you haven't already.

Call us at: (801)567-8515 ~ M-F 8:00-4:00

Did you know?

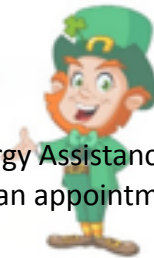
EPSDT Is a program for children birth to twenty who qualify for Medicaid. EPSDT stands for Early Periodic Screening, Diagnostic and Treatment. Included is preventative physicals, hearing and vision screenings, mental health care, immunizations and preventative dental care. If added care is needed EPSDT benefits may cover it. Talk to your child's Doctor. Regular visits are important.

<https://medicaid.utah.gov/early-and-periodic-screening-diagnostic-and-treatment/>

Medicaid Autism Spectrum Disorder related services may be available if your child is under the age of twenty-one, currently on Medicaid, and has a documented ASD diagnosis by a licensed clinician. Visit the link below, and click on **Accessing Medicaid Autism Related Services** for more information.

<http://health.utah.gov/ltc/asd/>

**Also as a reminder you can still apply for the HEAT program (Home Energy Assistance Target). Applications are taken through April 30th. Call Health Services for an appointment!



Important dates coming up

March 12th

March 13th

April 13th

April 14th

April 23rd

April 29th & 30th

Early Release day instead of Friday

No School

Autism Conference at UVU

Career Ability Fair at the Sanderson Center

Agency Fair (see last 2 pages of newsletter)

Spring Fling (more details to come)

Transition Update

Settings Rule Explained

- If your child receives now or will receive in the future, Medicaid/Medicaid Waiver, this applies to them.
- Refers to the setting that the individual will be in after they leave the school system at the age of 22.
- Enacted in 2014 to ensure that people with disabilities have the ability to make choices about and be integrated in their community.
 - States have until March 17, 2022 to comply with all conditions of the rule.
 - Modifications can be made for individuals. The necessary steps are outlined in <https://dspd.utah.gov/settings-rule/>
- Five characteristics:
 1. The setting is integrated in and supports full access to the greater community. The individual must be free to move about and come and go as they please. The setting must be near residential and business services and provide access to the community. They must provide access and training for public transportation.
 2. The setting is selected by the individual from among setting options, the options are identified and documented and reflect the individual's needs and preferences. The individual must be presented with choices of settings to participate in.
 3. The setting ensures an individual's rights of privacy, dignity, respect, and freedom from coercion and restraint. Staff must treat and communicate with individuals in a respectful manner and in a way that the individual understands. Personal assistance must be private.
 4. The setting optimizes but does not regiment individual initiative, autonomy, and independence in making life choices, including daily activities, physical environment, and with whom to interact. May not have barriers that prevent entrance to or exit from the setting. There must be a variety of activities and tasks for the individual and a variety of gathering areas. Individuals must have input into their daily schedules.
 5. The setting facilitates individual choice regarding services and supports, and who provides them. The setting should not restrict services for the individual and

must assist them in developing plans that support their needs and their choices.

Speech Update

Spring is a time of opposites: the days go from short to long, the weather goes from cold to warm. Some could say that March is a month where things turn from bad to good! This month we are focusing on two adjectives that our kids hear all the time! Good and Bad



“Good job” “Good Morning” “Good Bye” or “Yuck, that’s bad” “I don’t like it, it’s bad”

So, how are we teaching GOOD and BAD to students for the month you might ask? We are tapping into our 5 senses of course!

We are letting students either taste, hear, smell, listen or touch to let us know if it is GOOD or BAD. You can help at home with the things they like/dislike or simple greetings throughout the day by modeling a thumbs up and/or saying ‘good, you like that’, ‘good morning’ or ‘you feel bad’ with a thumbs down.

We look forward to a fun spring filled with more fun speech activities and GOOD times!!

Physical Therapist Update

Just a reminder to our parents, families and caregivers from KSHS physical therapists:

Equipment and bracing needs should be addressed at this time. Durable medical equipment (such as standers, walkers, wheelchair and adaptive strollers) requires evaluation by a seating specialist and therapist. The coordination with the student’s physician, insurance preauthorization, ordering, delivery and final fitting process can take +3 months to complete. Braces for lower extremities requires evaluation by an orthotist and physical therapist. The process of casting, insurance preauthorization and final fitting typically requires 4-5 weeks.

We are heading into the last months of school before summer break. Thank you for considering your child’s needs and contacting your school therapist regarding any questions, concerns or needs.

Hailee Baryshnikov, PT, DPT

hailee.baryshnikov@jordandistrict.org

(801)567-8500 x83011

Classrooms 110, 111, 203, 204, 208, 209, 211, 213, 214, 215

Shelley Woeste, PT, DPT

IF YOU CAN DREAM IT, YOU CAN DO IT

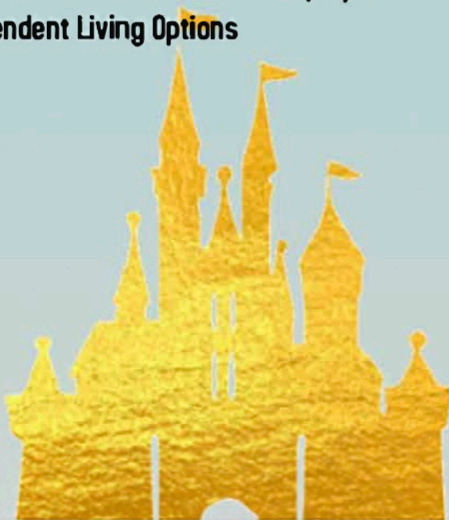
Annual Wasatch Front Transition Agency Fair

**Thursday, April 23, 2020
5:00 - 8:00 PM**

**Jordan School District
Auxiliary Services Building
7905 S. Redwood Rd, West Jordan, Utah
*Enter North Side of Building***

**There will be representatives from various agencies on site to
answer your questions and share information about:**

- ☐ Post-Secondary Educational Opportunities
- ☐ Services Available to College-Bound Students
- ☐ Pre-Employment Transition Services
- ☐ Vocational Rehabilitation and Employment Services
- ☐ Independent Living Options



Hosted By: Jordan, Granite, Salt Lake, Murray, & Canyons School Districts, Utah
State Board of Education, and the Division of Services for People with Disabilities
Made with PosterMyWall.com

Free Event!

**For Students and Adults
with Disabilities, Their
Families & Educators**

**Over 60 Agencies
Represented**

**Free Raffles
& Prizes!**

Breakouts from:

**Guardianship
Associates of Utah**

**Vocational
Rehabilitation**

**Begin
Preparing
for Life
After High
School**

SI PUEDES SOÑARLO PUEDES HACERLO

Feria anual de la Agencia de Transición del Frente Wasatch

Jueves, 23 de Abril de 2020

5:00 - 8:00 PM

**Jordan School District
Auxiliary Services Building**

7905 S. Redwood Rd, West Jordan, Utah

Ingrese al lado Norte del edificio

**Habr  representantes de varias agencias en el sitio para
responder sus preguntas y compartir informaci n sobre:**

- ☐ Oportunidades educativas postsecundarias
- ☐ Servicios disponibles para estudiantes universitarios
- ☐ Servicios de transici n previa al empleo
- ☐ Servicios de rehabilitaci n vocacional y empleo
- ☐ Opciones de vida independiente



**Alojado Por: Jordan, Granite, Salt Lake, Murray, &
Canyons School Districts, Utah State Board of Education,
and the Division of Services for People with Disabilities**

Made with PosterMyWall.com

Evento gratis!

**Para estudiantes y adultos
con discapacidades, sus
familias y educadores**

**M s de 60 agencias
representadas**

 Sorteos y premios gratis!

Presentaciones De:

**- Guardianship
Associates of Utah
- Vocational
Rehabilitation**

**Comience a
prepararse para
la vida despu s
de la escuela
secundaria**