

2026-2027 KSHS Nut-Free Guidelines

To Families of Students at The Kauri Sue Hamilton School:

Thank you for your partnership in keeping our students safe. This letter is a reminder of our school's Nut-Free Guidelines.

For students with peanut or tree-nut allergies, exposure to even a tiny amount of nut protein can cause a serious or life-threatening allergic reaction. Reactions may occur through touching or eating nuts, or through cross-contact—for example, when a surface, utensil, or food has touched nuts and then comes into contact with another food.

Our guidelines include both **peanuts and tree nuts**, such as walnuts, hazelnuts, almonds, cashews, pecans, Brazil nuts, and pistachios. Although peanuts are technically legumes, they are included because they can cause severe allergic reactions and are often involved in cross-contact during food processing.

How Families Can Help

Please follow this checklist:

- If your child eats peanut butter or other nut products for breakfast, wash their hands and face thoroughly before they come to school.
- Send only nut-free lunches and snacks to school. Do not place peanut butter or other nut products in backpacks.
- Check food labels carefully. Do not send products that list peanuts or tree nuts, or that include a warning such as “may contain nuts” or “made in a facility that processes nuts.”
- Ensure that all treats sent for classroom celebrations, parties, birthdays, or field trips are nut-free.

We also take precautions at school. Bus staff wipe down benches before each ride, and our cafeteria serves sunflower butter instead of peanut butter.

We appreciate your careful cooperation in helping protect all of our students. If you have questions or concerns, please contact the school at **801-567-8500**.

Thank you for your support.

Courtney Titus, Principal