

Nut-Free Guidelines

To Families of Students at The Kauri Sue Hamilton School:

This note is a reminder about our Nut-Free Guidelines. For students with nut allergies, even a tiny amount of exposure can be dangerous or life-threatening. For their safety, these guidelines must be followed carefully.

Both peanuts and tree nuts (such as walnuts, hazelnuts, almonds, cashews, pecans, Brazil nuts, and pistachios) can trigger severe allergic reactions. Even though peanuts are technically legumes, they are often listed with nuts due to similar risks and frequent cross-contact in food processing.

Nut allergies are serious. Reactions can be triggered by touch, ingestion, or even the smell of peanuts, peanut butter, peanut oil, or products with even trace amounts of nuts. Nut residue can easily be left on lunch tables or bus seats, so we take extra precautions—bus staff wipe down benches before each ride, and our cafeteria serves sunflower butter instead of peanut butter.

How you can help:

- If your child eats peanut butter or nut products for breakfast, please wash their hands and face thoroughly before school.
- Only send nut-free lunches and snacks to school. Do not send peanut butter or nut products in backpacks.

We appreciate your help in keeping all our students safe. If you have questions or concerns, please contact me at 801-567-8500.

Thank you for your cooperation!

Courtney Titus, Principal